

## **CBD Oil and DOT Required Drug Testing**

CBD is short for Cannabidiol. THC and CBD are two of the chemicals found in both cannabis and hemp plants. Depending on the species of the plant, it will either be high in THC and low in CBD, or low in THC and high in CBD.

CBD is non-intoxicating and should not show up on a drug screen as long as it is extracted from the plant correctly. Herein lies the problem; it is impossible to ensure that what you have purchased is CBD Oil. The FDA does not regulate the industry providing herbal supplements so you could get a sample with very high THC content or another substance entirely.

## **Long and Short**

We recommend you don't take CBD oil! Drivers subject to FMCSA standards are subject to periodic drug and alcohol testing, and in our world, a positive is a positive. If the driver tests positive for THC, a competent MRO will not accept the statement of CBD oil or second-hand smoke as an acceptable reason to overturn the test (see 49CFR§40.151(d)).